

Report

Acupuncture phenomenon of the Qi energy complete awakening

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Aims	The aim is to study the phenomenon of the Qi energy complete awakening using the acupuncture method and the reactions appearing during this process that lead to recovery of the body and of the cardiovascular system first of all.
Material and method	The study is based on the classical acupuncture method using the unique technique of effecting the points by I-Ching.
Results	The result is the body recovering the pathologic diseases the patient has been suffering for decades.
Conclusion	The new method for acupuncture is the Qi energy complete awakening based on structuring the Qi energy in the acupoints according to the figures of gua (trigrams and hexagrams) in the Chinese Canon of Changes and can be used for the treatment of almost any kind of the disease including cardiovascular. The given method allows not only balancing the Yin and Yang energy in the human body but also launching the generalized recovery program concentrated in the deepest layers of the human genetic memory. The given method allows treating many diseases considered to be incurable by the official medicine.
Keywords	Complementary and alternative medicine (CAM) • Acupuncture • Zhen-jiu therapy • Traditional Chinese medicine (TCM) • Chinese CANON of CHANGES • Gua Figures • acupoints • Bu re-enforcing method • Xie reducing method • Qi energy
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Introduction

Acupuncture is one of the most common therapeutic methods in traditional Chinese medicine (TCM), which is a variety of complementary and alternative medicine (CAM) [1]. The acupuncture method application leads to recovery of the body including the cardiovascular system [2].

The acupuncture method is based on the reactions caused by needling the biologically active points on the body [1]. These points are located in the meridians the life energy of Qi flows along. The Qi energy regulates all the life processes in the body [3,4]. In everyday life we do not need to think how our breath functions, heart beats, or endocrine glands perform. All that is controlled by the Qi energy, it determines our health and life. This energy has many names at different nations. In China it is called the Qi and is awakened by the special acupuncture techniques, in India it is called the Kundalini, or Prana, and is awakened by mantras and meditation, in Japan it is called the Ki, in Orthodoxy it is called the Holy Spirit and is awakened by fasting and prayer. At the Slavs this energy was called the Zhiva – energy of Light.

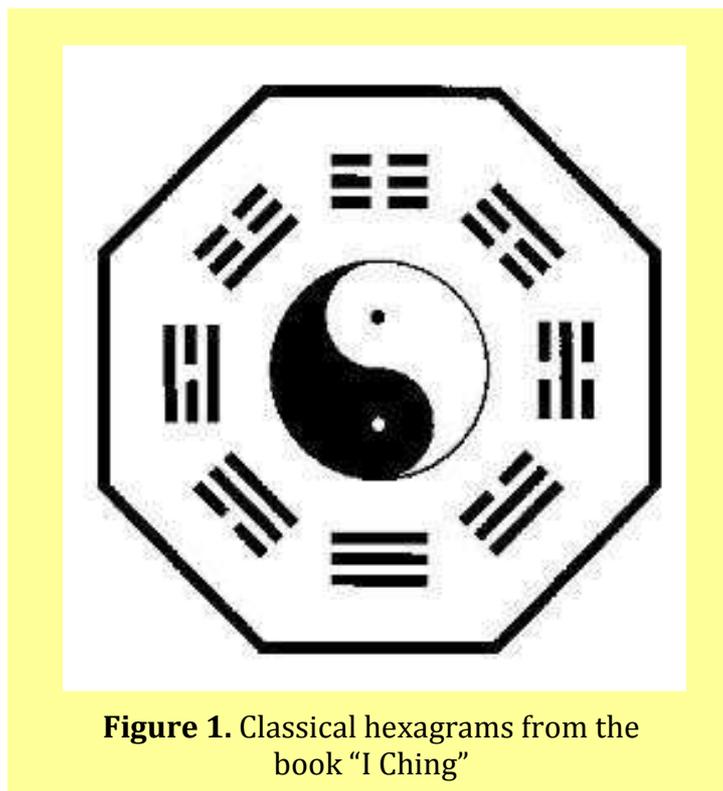
If the energy is not enough in the channels, the organ and the functional systems related to this meridian perform badly and the signs of degenerative and dystrophic changes can be manifested. An excess of energy in a one or another meridian indicates that the internal organs and the functional systems overstrain themselves that is a sign of the inflammatory process. The Qi energy lack or excess is the basis of all the human diseases. The Qi energy regulating in the meridians by the Chinese acupuncture methods is the essence of the treatment.

Materials and methods

The method for needling the acupoints is based on the concepts used separately from each other before. It was considered that the main methods for acupuncture were the stimulation (BU) and inhibition (CE) of the Qi energy in the meridians. The BU method stimulates the TRUE energy of Qi (CHEN). The CE method takes the pathological energy (Sha) out of the

body. The Sha pathological energy comes into the body with improper feeding, climate conditions (cold, humidity, wind, heat, warmth) and also with the human emotions (joy, depression, grief, sorrow, fear, melancholy, anxiety and so on) [3,4].

Besides the BU and CE methods for acupuncture, the method for the complete Qi energy awakening exists. This method combines the 2 previous methods, on the one hand, and significantly differs from them, on the other hand. This treatment method was developed by the Master of the traditional Chinese medicine Alexey Ivanovich Falev (1953 – 2005) in Russia. The method is based on the concept that the energy is concentrated in a form of layers at each point which allows having a set of stimulatory and sedative effects similar to the GUA figures (trigrams and hexagrams), described in the CANON OF CHANGES, needing only one acupoint [5] (Fig. 1).



Such a technique of effecting the structured Qi energy at the acupoints was developed by A.I. Falev in accordance with the GUA figures from the CANON OF CHANGES.

He developed that technique after a year of study in China at the doctor who was an 11th generation traditional Chinese medicine doctor. He also spoke Old Chinese and modern Chinese. All that experience and studying the ancient Chinese literature allowed him to understand the I Ching that lead to implementation of the unique system of effecting the acupoints.

The structured Qi energy at the acupoints contains deep strata of human genetic memory. Acupuncture at the point we launch the program of self-healing, the body starts healing itself. When the Qi energy completely awakens the Yuan Qi is unlocked. The power of this energy is considered to be naturally optimal for a human. When it is activated, the moved vertebrae begin to set right, extremity joints subluxations are self-healed, the viscera are self-massaged, an energetic PHENOMENON OF SELF-REGULATION occurs removing the energetic locks and stagnations which are the causes many chronic diseases. The patients influenced by the awakened Qi energy perform the elements of yoga exercises, Qi Gong, health improving breathing techniques, pressure point energetic self-massage and similar movements [6,7]. It is fundamentally important to note that all these movements occur not under hypnosis, a human is in conscious, but cannot resist. They occur under the influence of the human genetic memory and give an absolute healing affect. It results in restoring the correct Qi energy circulation and curing many chronic diseases not possible to be cured by the traditional western medicine. Besides the diseases a patient was suffering from for many years can be cured for several sessions.

When the Qi energy is not completely unlocked, only slight signs of the Qi energy awakening are observed. The treatment is effective as well, but the health improving reactions expressed in movements are not observed, and very often it requires more time to obtain the treatment effect. The treatment occurs not owing to the innate Yuan Qi, but owing to the defensive Wei Qi energy. This energy works more softly and superficially, on the energetic level. If in case of the Yuan Qi awakening only one needle can be used for launching the health

improving reaction, the Wei Qi energy requires a prescriptive approach using the several acupoints. And, nevertheless, the pronounced health improving effect is obtained. It is not a needle cures a patient but the Qi ENERGY awakened by special acupuncture techniques.

Results and discussion

Video 1



The case of treatment the patient with the lingering pain syndrome (during 35 years) caused by the marked vertebral osteochondrosis with herniated disc, multiple protrusions, absolute stenosis of the vertebral canal in lumbar spine. As my long-term experience shows, the treatment of the pain caused by intervertebral hernias is successful enough, and in most cases when physicians say it is impossible to avoid the surgery, it was a success to completely recover the patient's health and save them from long sufferings. In many cases the intervertebral hernia size reduced significantly, that was proved by the repeated MRT investigation. The cases of complete recovery of the patients with very big intervertebral

hernias (from 14 to 24 mm). At the same time after the surgery the hernia can appear on the same place again or 1-2 vertebrae upper or lower, and it aches very strongly again.

Video 2



The case of treatment the patient with hip and ankle joints arthrosis and marked vertebral osteochondrosis. It is considered in the western medicine that the acupuncture treats only functional diseases and the cases of violations in the tissue and organs cell structure are not possible to treat by it. My long term everyday practice has led me to the opposite conclusion. The acupuncture treats the diseases not possible to treat by the modern medicine based on the drugs at all. Pharmaceutical substances only “suspend” the disease, as the acupuncture is capable of achieving the true recovery and self-healing from many chronic diseases. Acupuncture might be beneficial for reducing pain [8,9,10,11] The other case is that much knowledge on the ancient Chinese medicine is lost and we cannot use it in full.

I am frequently asked how the acupuncture can treat the deforming arthrosis. The matter is the basis of the deforming arthrosis development is the incapability of the cartilage to produce the intra-articular fluid. It results in a lack of lubricant, besides crackles and clicks are

heard in joints, the cartilage starts rubbing off and then the bone surface inside the joint starts crumbling. When treating the deforming arthrosis by the acupuncture method the processes of the cartilage regeneration are launched, the intra-articular fluid is produced, and the normal intra-articular slip restores. It results in ceasing the pain and puffiness in the joints, and the patients start walking normally. And where are the roughness and bony excrescence which were formed inside the joints during the deformed arthrosis? They are polished like a rough stone thrown into a sea and polished by sea waves, so the intra-articular surface becomes smoother. The effect of the osteoarthritis treatment by the acupuncture is obtained rapidly and is significantly higher than by other methods. Moreover, the acupuncture helps even when the other methods are not effective, and it is offered to perform a joint replacement surgery on a patient. You can say that it's INCREDIBLE, but, nevertheless, it is a FACT.

Video 3



The video on the acupuncture session treating the hormone-dependent form of the bronchial asthma the patient has been suffering for 18 years is presented. The treatment started when acute attack of disease occurred. The Qi energy was awakened during the session and the patient lost 4 kg of weight (he cleared the phlegm from the bronchi), and in a few days the symptoms of the disease completely disappeared. There was no need in medicines (including hormonal), a stable remission that has been lasting up to date was observed.

The bronchial asthma is a disease with many “hidden roots”. The medicinal treatment is like a weeding, when we cut off the tops, the roots stay deep in the soil and start growing again. Therefore it is not a success to treat the bronchial asthma with common medicines (they just “suspend” the disease), we can expect the true recovery only having awakened the Qi energy.

Video 4



The treatment of the patient who has been suffering from pronounced pain in loins for 3 years. Pain in loins is the most frequent case when patients seek ambulatory medical care

[12]. The pain becomes more severe during walk, when bending the body, after overcooling and washing hands with cold water. Affection of the body by the pathological energies of Cold and Humidity was diagnosed. You see how the Qi energy awakening by the ancient acupuncture techniques results in the internal heating of the body and further leaving the pathological energies of Cold and Humidity. Small drops of sweat cover the loins and flow together into the rills of Humidity (visible phenomenon of leaving the pathological Qi energy). The patient said that she did not sweat so much even doing fitness. After the given session the pain in loins disappeared and no visible phenomenon of leaving the pathological energies of Cold and Humidity was observed afterwards.

The videos in this article are available at:

www.cardiometry.net/no3-november-2013/acupuncture-phenomenon-of-the-qi-energy

Statement on ethical issues

Research involving people and/or animals is in full compliance with current national and international ethical standards.

Conflict of interest

None declared.

Author contributions

The author read the ICMJE criteria for authorship and approved the final manuscript.

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